

People Progress

Sunday Community

June 23, 2024

12th Sunday in Ordinary Time

E R Whelan

Welcome, Fr Jack!

Reflection: for June 23, 2024 submitted by Bill and Lindsay

We are in the midst of stormy times, both globally and in many cases personally. How can we cope with the fear that arises? The following are a couple of reflections that may be helpful.

Bishop Robert Barron reflects on today's gospel in the following way. "In the calming of the storm at sea, we witness the spiritual dynamics of fear and trust. Making their way across the lake, the disciples stand symbolically for all of us journeying through life. When they confront the mighty waves, they are immediately filled with terror. Similarly, when the trials and anxieties of life confront us, the first reaction is fear.

Jesus is asleep on a cushion. He stands for the divine power that is asleep within all of us. He symbolizes that divine energy which remains unaffected by the fear- storms generated by the grasping ego. At a spiritual level, we see that this divine power successfully calms the waves. "He woke up and rebuked the wind and said to the sea "Peace! Be still"...If we but awaken to the presence of Christ within us, then we can withstand even the most frightening of storms."

The work of Henri Nouwen suggests that "prayer is the way out of the house of fear and into the house of love. ..One way to pray in a fear-filled world is to choose love over anxiety, to open the door of the heart to dwell in the intimate presence of the One who loves us. When we begin to understand at a deep, spiritual level that we live surrounded by love and in communion with God no matter what the external circumstances, we can let go of the fear that lurks on the outskirts of our minds. Hardly a day passes in our lives without an experience of inner or outer fears, anxieties, apprehensions, and preoccupations. But we do not have to live in fear. Love is stronger than fear: "There is no fear in love; but perfect love casts out fear." (1 John 4:18)

"The house of the Lord is the house of love for all people. There is a circle of safety, intimacy, and hospitality in the house of love. In that house we can slowly let go of our fear and learn to trust. In that house we can find freedom, community, and joy. Peacemaking is possible when we live in the house of love. Justice can be practiced

where we live in the house of love. Ministry is effective when we live in the house of love. There we can be, and move, and trust, and love in freedom and without fear.”

(H. Nouwen Society: From Fear to Love: Spiritual Grounding in Anxious Times)

Readings:

June 23 Job 38:1, 8-11 Psalm 107 2 Cor 5:14-17 Mk 4:35-41

June 30 Wis 1:13-15; 2:23-24 Psalm 30 2 Cor 8:7, 9, 13-15 Mk 5:21-43

The Liturgy schedule:

Date	Planner(s)	Priest
June 23	Lindsay & Bill Watson	Fr. Jack Costello
June 30	Rita & Brian Shaughnessy	Fr Ron MacDonell
July 7	Dwyer Sullivan	Fr Ron MacDonell
July 21	Sheila & Rob Barrett	Fr Prakash Lohale
August 18	Dean Riley	Fr Prakash Lohale

This schedule, as always, is flexible. Planners, feel free to switch if you cannot do a liturgy on the scheduled date. Just be sure to tell the People Progress Reporter, so that we all know.

People Progress Schedule

June: Elizabeth Whelan: erwhelan@icloud.com

Summer Sundays: John MacMillan: met191970@gmail.com

Please send your submissions to the People Progress Reporter by Thursday evening. People Progress welcomes new reporters. Thanks!

Announcements:

- **Email addresss change:** Lindsay Watson's email address is now la.watson1972@gmail.com
Please update your Contact List.
- During the summer, Elizabeth Whelan plans to host two Saturday, potluck gatherings for the Community, at her house, on **July 27 and August 31**. All are welcome!

- Please continue to save your egg cartons (**regular dozen size**) and **flats** for Elizabeth Stocking, but not the large, 18 egg size cartons. You can bring them to Elizabeth Whelan's home, and Elizabeth Stocking will pick them up. Thanks, from both Elizabeths!

Happy June Birthdays to

1 Paula Alas	21 Robet Barrett
1 Lauren Watson	21 Sheila Barrett
5 Mario Calla	20 Clare Moncrieff
10 Roberto Jimenez	20 Nora Anderson
13 Gabriel Shaughnessy	20 Michael Halferty
14 Angela Sutkaitis	22 Germaine Quintas
16 Pat Smiley	26 Fiona Wright
	28 Mary Lou Halferty

Re-printed weekly for reference:

Duties of liturgy planners for virtual masses:

Early in the week before the liturgy:

Call or email the priest to confirm Sunday's liturgy (contact info provided).

- Prepare or find a Reflection and send it to the People Progress reporter by Thursday. Please notify the People Progress reporter early in the week if you cannot do a Reflection.
- Select readers for the 1st and 2nd readings. Check with Sylvia Skrepichuk re: psalm

On the Sunday of the virtual mass:

- Greet the group (Ask newcomers to introduce themselves)
- Give a brief introduction to the liturgy.
- Read your passage or be prepared to do a reading (if a volunteer is unable to log-in)
- Thank everyone who helped and attended. (at announcements)

